



# Food Grade Creatine Monohydrate Liposome

Catalog: Lipo-007S

Creatine is a natural source of energy that helps your skeletal muscles flex (contract).

## PRODUCT INFORMATION

|                    |                                                                                          |
|--------------------|------------------------------------------------------------------------------------------|
| Product Name       | Food Grade Creatine Monohydrate Liposome                                                 |
| Catalog Number     | Lipo-007S                                                                                |
| Product Overview   | Creatine is a natural source of energy that helps your skeletal muscles flex (contract). |
| Active Ingredients | Creatine Monohydrate                                                                     |
| Storage            | Store at room temperature                                                                |

## USAGE GUIDELINES

|                  |                                                                                                                                                      |
|------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|
| General Handling | Avoid excessive mixing or vortexing to prevent aggregation. Long-term storage above -80°C may result in aggregate formation. Thaw on ice before use. |
| Storage          | <b>Short term:</b> +2°C to +8°C (up to 1 week)<br><b>Long term:</b> -80°C (stable for 12 months)                                                     |
| Stability        | Stable for 12 months at -80°C. Avoid repeated freeze-thaw cycles.                                                                                    |
| Freeze / Thaw    | Can be frozen, but limit to 3 freeze/thaw cycles to maintain particle integrity.                                                                     |

**Important:** This product is for **research use only**. Not intended for diagnostic or therapeutic applications. Please refer to the Safety Data Sheet (SDS) for complete handling and safety



information.